





INTERNATIONAL WEBINAR ON

"ASPECTS AND PROSPECTS OF HEALTH AND FITNESS **DURING AND POST COVID-19"**

Organised By

IQAC, SHYAMPUR SIDDHESWARI MAHAVIDYALAYA

In Collaboration with

PHYSICAL EDUCATION FOUNDATION OF INDIA

(West Bengal Chapter)

CHIEF PATRON



Shri Kalipada Mondal (M.L.A.) President, Shyampur Siddheswari Mahavidyalaya

PATRON



Dr. Santu Kumar Bose Principal, Shyampur Siddheswari Mahavidyalaya

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Dr. A. N. DEY Director, School of Education, N.S.O.U., Kolkata, India

GUEST OF HONOUR



Dr. A. K. BOSE Former Principal, P.G.G.I.P.E., Banipur, West Bengal, India

GUEST OF HONOUR



Dr. GEORGE ABRAHAM Principal, Y.M.C.A. College of Phy. Edn. Chennai, India



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SPECIAL GUEST



Dr. PIYUSH JAIN National Secretary PEFI - India





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Shri Tapas Pramanik Faculty, Dept. of Physical Education, Shyampur Siddheswari Mahavidyalaya Shyampur, Howrah, West Bengal, India.



E-Certificate to be Provided after receiving the feedback form Last Date of Registration: 29th September, 2020, 5:00 PM

Webinar Registration Link: https://forms.gle/kdknVnpsqt7eNBfK8 Telegram Link: https://t.me/joinchat/RJswWh0P9EVbu52Uu0J0Uw YouTube Link: https://www.youtube.com/pefindia

FOR MORE INFORMATION

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INTERNATIONAL WEBINAR ON

"ASPECTS AND PROSPECTS OF HEALTH AND FITNESS DURING AND POST COVID-19"

INAUGURAL CEREMONY: 11.00 AM - 12.01 PM

SESSION-I (12.01 PM - 12.45 PM)

TOPIC: ASPECTS AND PROSPECTS OF HEALTH AND FITNESS **DURING AND POST COVID-19**

KEY NOTE SPEAKER



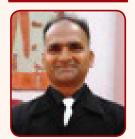
Dr. Rajeev Choudhary Professor in Physical Education, Dean Students' Welfare (DSW), Head, School of Studies in LAW, Pt. Ravishankar Shukla University, Raipur, Chattishgarh, India

CHAIRPERSON



Dr. Lamlun Buhril Associate Professor in Phy. Edn. SAI, LNCPE, Trivandrum, Kerala, India

CO-CHAIRPERSON



Dr. Mahesh S Khetmalis Associate Professor in Phy. Edn. Visva Bharati, West Bengal, India

SESSION-II (12.45 PM - 01.30 PM)

TOPIC: "YOGIC PRACTICES FOR STRESS MANAGEMENT"

EMINENT SPEAKER



Dr. V. Duraisami Assistant Professor, Department of Yoga, Tamilnadu Physical Education and Sports University, Chennai, Tamilnadu, India.

CHAIRPERSON



Smt. Feroza Mogrelia Director of Sports St. Xavier's College (Autonomous) Kolkata, West Bengal, India.

CO-CHAIRPERSON



Smt. Girija Basu Assistant Professor, GPECW, Hooghly, West Bengal, India

SESSION-III (01.30PM - 02.15 PM)

TOPIC: "PHYSICAL FITNESS ACTIVITY AND COVID-19"

EMINENT SPEAKER



Prof. Rakesh Dubey Faculty, Dept. of Sports Pedagogy, Liepaja University, Latvia

CHAIRPERSON



Dr. Satyant Kumar Khatyian HOD, Physical Education, Km. Mayawati Govt. P. G. College, Badalpur, G.B. NAGAR, U.P., India.

CO-CHAIRPERSON



Dr. Atanu Das Assistant Professor in Phy. Edn. Rabindra Mahavidyalaya, Champadanga, Hooghly, West Bengal, India







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SESSION-IV (02.15 PM - 03.00 PM)

TOPIC: "PROTEIN: FACTS AND MISCONCEPTIONS"

EMINENT SPEAKER



Dr. Rakesh Tomar Faculty, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia.

CHAIRPERSON



Lt. (Dr.) Seema Sharma (Kaushik) Assistant Professor in Phy. Edn. Lakshmibai College, University of Delhi, Delhi, India.

CO-CHAIRPERSON



Dr. Sumalya RoyAssistant Professor & Head, Dept. of Physical Education, Chatra Ramai Pandit Mahavidyalaya, Darpur, Bankura, West Bengal, India.

VALEDICTORY CEREMONY: 3.00 PM - 3.30 PM

GUEST OF HONOUR



Prof. (Dr.) M. K. Singh Registrar (I/C) & HOD Sports Psychology, L.N.I.P.E., Gwalior, M.P., India

COUCLUBING REMAIII(5



Dr. Kishore Mukhopadhyay Associate Professor in Phy. Edn. UCTC, Berhanrpore, West Bengal

VOTE OF THANKS



Dr. Deba Prasad Sahu Associate Professor & Head, Dept. of Phy. Edn., Mahisadal Giris College Secretary-PEFI (West Bengal), India

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